

Facilitative Skills Checklist

Instructions: Periodically during your clinical experience, use this checklist to identify areas where growth is needed and progress has been made. Think of your clinical experiences. Indicate the extent of your agreement with each of the statements by marking the scale: SA, strongly agree; A, agree; NS, not sure, D, disagree; SD, strongly disagree.

1. I maintain good eye contact.	SA	A	NS	D	SD
2. Most of my verbal comments follow the lead of the other person.	SA	A	NS	D	SD
3. I encourage others to talk about feelings.	SA	A	NS	D	SD
4. I am able to ask open-ended questions.	SA	A	NS	D	SD
5. I can restate and clarify a person's ideas.	SA	A	NS	D	SD
6. I can summarize in a few words the basic ideas of a long statement made by a person.	SA	A	NS	D	SD
7. I can share my feelings relevant to the discussion when appropriate to do so.	SA	A	NS	D	SD
8. I am able to give feedback.	SA	A	NS	D	SD
9. At least 75% or more of my responses help enhance and facilitate communication.	SA	A	NS	D	SD
10. I can assist the person to list some alternatives available.	SA	A	NS	D	SD
11. I can assist the person to identify some goals that are specific and observable.	SA	A	NS	D	SD
12. I can assist the person to specify at least one next step that might be taken toward the goal.	SA	A	NS	D	SD

(Adapted from Myrick, D., & Erney, T. (2000). *Caring and sharing* [2nd ed., p. 168]. Copyright © 2000 by Educational Media Corporation, Minneapolis, MN.)