

**Los Angeles Harbor College**  
**Associate Degree Nursing Program**  
**N343 – PROCESS RECORDING**

Student:  Albert Maslow  Date:  10/14/2014  Patient Initials:  J.S.  Age:  27  Interaction Goal: Explore reason for hospitalization

<b><i>Student Nonverbal &amp; Verbal Communication</i></b>	<b><i>Communication Technique Used &amp; Analysis</i></b>	<b><i>Patient Nonverbal &amp; Verbal Communication</i></b>	<b><i>Student's Thoughts &amp; Feelings</i></b>
<p>Verbal: Hi, how are you doing today?</p> <p>Nonverbal: standing next to her outside against the wall during smoke about 2 feet away. I am turned slightly towards him. Using a calm voice with intermittent eye contact.</p>	<p>Exploring: I am allowing the pt. to lead the conversation, so I can learn more about him. Therapeutic technique.</p>	<p>Verbal: I'm okay, I am here because you know...</p> <p>Nonverbal: Pt. was standing then seats resting his back against the wall holding a lit cigar with his right hand and shrugs his shoulders towards the end of his statement.</p>	<p>Feel relieved that he is willing to talk about himself. His response was appropriate.</p>
<p>Verbal: What led you to be here?</p> <p>Nonverbal: sat next to pt. still remaining within 2 feet away. I am turned slightly towards him. Using a calm voice with intermittent eye contact.</p>	<p>Exploring: I am allowing pt. to explain further on his statement. Therapeutic technique.</p>	<p>Verbal: I tried to kill myself.</p> <p>Nonverbal: Pt. is seated and intermittently makes eye contact with me. He seems calm and his right hand that is holding the cigar tremors mildly.</p>	<p>I felt a little nervous, took a few seconds before responding.</p>
<p>Verbal: How did you try to commit suicide?</p> <p>Nonverbal: still sitting next to pt. and keeping a calm voice with intermittent eye contact.</p>	<p>Exploring: I want him to explain his thoughts and feeling about this situation. Therapeutic technique.</p>	<p>Verbal: I had alcohol, marijuana, meth that is what I often do but I added a kick of heroin to settle it.</p> <p>Nonverbal: Pt. is seated and intermittently makes eye contact with me. Pt. stays calm and shrugs shoulders. Keeps smoking his cigar.</p>	<p>He continues to share more about the situation and explained further about what happened. I am glad he is engaging.</p>
<p>Verbal: Are you saying that you usually consume alcohol, marijuana, and meth, but because you wanted to commit suicide you used heroin?</p> <p>Nonverbal: sitting next to pt, about 2 feet away, and keeping a calm voice with intermittent eye contact.</p>	<p>Clarification: I am trying to help the pt. clarify his thoughts and to enhance a mutual understanding between us, therapeutic technique.</p>	<p>Verbal: Yea, I only use heroin when I want to kill myself. I have done it a few times and I never succeed.</p> <p>Nonverbal: Pt. is seated and intermittently makes eye contact with me. Pt. seems anxious starts to bite his lips and shrugs shoulders. Keeps smoking his cigar.</p>	<p>I want to make sure I am understanding his situation.</p>
<p>Verbal: none</p> <p>Nonverbal: sitting next to pt, about 2 feet away, and keeping a calm voice with intermittent eye contact.</p>	<p>Silence: I am providing time for pt. to put thought and feelings into words and motivate him to keep expressing himself. Therapeutic technique.</p>	<p>Verbal: I try and I try again and someone always finds me and they do not let me die</p> <p>Nonverbal: Pt. is seated and intermittently makes eye contact with me. Pt. seems anxious starts to bite his lower lip and shrugs shoulders. Keeps smoking his cigar.</p>	<p>I want to keep motivating pt. to keep expressing his thought and feelings about the situation. He seems anxious talking about this, he is biting his lip.</p>